

EVALUATING THE ADAPTATION OF THE CANADIAN POPULATION TO LYME DISEASE USING A ONE HEALTH APPROACH, TO INFORM A PREVENTIVE INTERVENTION

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Overview

- $_{\circ}\,$ What is One Health?
- $_{\odot}\,$ Lyme disease in a One Health context
- $_{\odot}\,$ Preventive behaviours & adaptation
- \circ Objectives
- $_{\circ}$ Methods



One Health

"One Health is a collaborative, multisectoral, and transdisciplinary approach — working at the local, regional, national, and global levels — with the goal of achieving optimal health outcomes recognizing the interconnection between people, animals, plants, and their shared environment."

Centers for Disease Control & Prevention



Fig 1. Approach of the Lancet One Health Commission Amusi et al, 2020. Reconnecting for our future: The Lancet One Health Commission.

Lyme Disease in the Canadian canine population

- Borrelia burgdorferi sensu stricto & Ixodes pacificus / scapularis
- Asymptomatic, fever & lethargy, shifting limb lameness, Lyme nephritis, death
- Diagnostic testing qualitative Bb antibody assay, quantitative C6 antibody test
- Treatment doxycycline is first choice antibiotic, analgesia
- Prevention tick control, vaccination (Littman et al, 2018)



Fig 2. Venn diagram of canine co-infection in Canada (2008–2015). Evason et al, 2019.

Lyme Disease in the Canadian canine population

- Seroprevalence increased from 0.9% in 2008 to 2.2% in 2015 (Evason et al, 2019)
- Pet owners are at increased risk of encountering ticks, and possibly tick-borne disease (Jones et al, 2018)
- Dog owners have higher exposure to risk factors, yet also display high global preventive scores (Aenishaenslin et al, 2017)



Fig 3. Representation of parasite activity, from Idexx/Antech 2019 data, Companion Animal Parasite Council

A One Health approach to Lyme disease prevention & adaptation



Landscape design and management Pesticide application Fencing to keep out deer

Pharmaceutical tick prevention Vaccination (dogs)

Avoiding risk areas Dressing appropriately and removing attached ticks Using chemical repellants/barriers



Fig 4. Stafford (2005). The Connecticut Agricultural Experimentation Station handbook of integrated tick management

Previous research – preventive behaviours & adaptation



Less than half of the Canadians who were aware of Lyme disease adopted specific preventive behaviours (Aenishaenslin et al, 2017)

We can merge the socio-behavioural LD risk with ecological risk to produce risk maps and validate them with known human cases (Bouchard et al, 2018)

Targeted communication campaigns need to take these differences into account to be effective (Aenishaenslin et al, 2016)

Evaluating the adaptation of the Canadian population to Lyme disease with a 'One Health' perspective - Objectives



Focus groups



- Across four endemic regions (Vancouver BC, Kingston ON, Estrie / Montérégie QC, Lunenburg NS)
- With general population and high risk groups
- In-person vs online
- Transcription, interpretation and analysis using computer assisted qualitative data analysis software (Nvivo).
 Behaviour Change Wheel framework, using capability, opportunity & motivation as the essential conditions of behaviour

• Results will be communicated, and used to inform the quantitative survey for objectives 2 & 3

Behaviour Change Wheel - a result of a systematic literature review and merging/adaption from 19 frameworks.



Fig 6. The Behaviour Change Wheel, Michie et al (2011)

Pan-Canadian survey



• n=5,000



- Target population : Canadians
- Source population : using web based polling firm, therefore Canadians with internet access, > 18 y
- Stratified sampling across provinces
- Outcome variables e.g. preventive behaviours, perceived risk, tick bite exposure, people reporting LD, adverse behaviours, knowledge
- Descriptive statistics & multivariable logistic regression analysis to identify knowledge gaps and other differences



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THANKYOU - QUESTIONS & COMMENTS